## ARCTIC JR. FURY SPRING LEAGUE 2020

**Beginning:** June 20 and 21, 2020 **Ending:** September 4 and 5, 2020

## \*\*SOME DATES MAY BE SUBJECT TO CHANGE\*\*

**12 Weeks:** Two days per week / 60 minute slot

Max Enrollment: 35 per ice slot

Cost: \$500 per skater. \*\*GOALIES sign up and play for free\*\*

 Mites:
 (Age 5 and 6)
 2014/2015 Silver/Minor Saturday/Sunday
 8:30am-9:30am

 (Age 7 and 8)
 2012/2013 Gold/Major
 Saturday/Sunday
 9:40am10:40am

 Squirts:
 (Age 9 and 10)
 2010/2011
 Saturday/Sunday
 10:50a-11:50am

 Peewees:
 (Age 11 and 12)
 2008/2009
 Saturday/Sunday
 1:00pm-2:00pm

 Bantams:
 (Age 13 and 14)
 2006/2007
 Saturday/Sunday
 2:10pm-3:10pm

<u>Purpose:</u> To improve all youth hockey player's ability, balance and coordination in a positive environment for maximum physical and psychological growth.

The first 40 minutes will focus on skill development; skating, puck handling, passing and receiving, shooting and angling/body contact.

The second 20 minutes will consist of 4 on 4 hockey games. The players will be divided on the ice into teams and have automatic line changes every  $1\frac{1}{2}$  to 2 minutes. This improves team play concepts of offensive and defensive support.

These training sessions will be taught by Chris Cimoch along with the Arctic Jr. Fury coaching staff.

Registration Starts: JUNE 10th 2020

Registrations will be taken at the front desk. The maximum enrollment is 35 skaters per day and age level.

To Register: Please Call 708-403-4231 EXT-100 Or Stop By The Front Desk